TEAM PERFORMANCE OPTIMIZATION

PRICE: $2,325

COURSE DESCRIPTION:

This course is designed for managers, team leaders, and anyone interested in enhancing team effectiveness and productivity. Participants will explore strategies and techniques to optimize team performance, foster collaboration, and achieve organizational goals through effective leadership and team dynamics.

WEEK 1: INTRODUCTION TO TEAM PERFORMANCE OPTIMIZATION

- Understanding the importance of team performance in organizational success
- Overview of key factors influencing team dynamics and productivity
- Case studies and examples of successful team performance optimization initiatives

WEEK 2: BUILDING HIGH-PERFORMING TEAMS

- Characteristics of high-performing teams
- Strategies for building trust and psychological safety within teams
- Team roles, responsibilities, and dynamics

WEEK 3: LEADERSHIP STYLES AND TEAM MOTIVATION

- Different leadership styles and their impact on team performance
- Motivation theories and their application in team settings
- Techniques for fostering motivation and engagement among team members

WEEK 4: COMMUNICATION AND COLLABORATION

- Effective communication strategies within teams
- Tools and technologies for enhancing collaboration
- Overcoming communication barriers and fostering a culture of open communication

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WEEK 5: CONFLICT RESOLUTION AND TEAM RESILIENCE

- Understanding sources of conflict within teams
- Techniques for resolving conflicts constructively
- Building team resilience and adapting to challenges

WEEK 6: PERFORMANCE METRICS AND FEEDBACK

- Establishing meaningful performance metrics for teams
- Providing constructive feedback and performance evaluations
- Continuous improvement strategies for team effectiveness

ASSESSMENT:

- Participation in class discussions and activities
- Completion of assigned readings and project tasks
- Final project presentation and submission